

take flight song by song devotional



Hey Everyone!

I'm glad to finally say that I've officially released my very first EP titled *Take Flight* - written by myself, and produced by my good friend and fellow artist, Cristabelle Braden! I'm super excited to share the songs on it, and I'm hoping and praying that each one speaks to your hearts. <3

As I wrote each of these songs, there were certain things I was going through at the time, and certain messages God placed on my heart to share. This whole writing process was truly a journey, and I learned so much not only about myself, and music as a whole, but also about the Lord as he took me through this, every step of the way.

One of the reasons why I decided to call this album *Take Flight* is because this whole process was truly a leap of faith, and required absolute surrender, and trust in God, and all He has planned for my life. The other reason is that I'm praying all these songs, and messages within the songs would truly bring glory and honor to God's name, as they "Take Flight" into the world, reaching many, and turning the dreams God has placed in my heart into a reality O.

With all that being said, I wrote up some devotionals for each song that include a bit of the storylines behind them as well. I hope and pray these songs and devotionals inspire you to trust in the Lord, and to keep your eyes on Him as you "Take Flight" into the world living out the amazing plans He has for each and every one of your lives. God Speed!

Blessings,

~ Sarah Felicia



TAKE FLIGHT: SONG BY SONG DEVOTIONAL

- 1. all that glitters
- 2. one by one
- 3. take me back
- 4. lullaby
- 5. all I need
- 6. little bird fly

#1: <u>All That Glitters Devotional</u>

All That Glitters is a story about a girl who is in search of some kind of fulfillment. After a time of seeking, and constantly facing disappointments, she learns from her mistakes, and discovers what she needed all along, or in this case *Who* she needed.

In the same way, we live in a world that seems to be on a constant quest for truth, and knowledge. With so many distractions, theories, and access to research, the possibilities seem endless. There are so many people in today's world who spend their life in search of fulfillment. Many may begin their quest trying to find truth, or joy, or peace in things that may seem good at the time, only to discover that all that glitters may not necessarily be gold.

Although the world may look like it has a lot to offer you, remember to look first to the One who created it. God created us in His image, and created us to be His children. Nothing can complete us the way He does, because we are a part of who He is. There are tons of temporary fixes, that make us feel good for a moment, but God's love for us is eternal, and He is forever unchanging. The Bible says Jesus is the Way, the Truth and the Life. Seek Him, and you will find Him. Look to Him for your source of truth, and trust Him to lead the way. Put your hope in Him today ©.

"Ask and it will be given to you, seek and you will find; knock and the door will be opened to you."

Matthew 7:7

"I am the way the truth, and the life, no one comes through the Father, except through Me."

- John 14:6

#2: One By One Devotional

Sometimes in life our minds are plagued with so many questions about what's to come, and often the unknown can worry us. Maybe you have a future vision or dream in mind, but have no idea how you'll get there, or if you ever will. At times, it may even feel like you're chasing the wind! Maybe you're in a waiting phase where you're waiting for a change, or waiting on something you've been earnestly praying about. Or maybe you wish you could be anywhere other than where you are now.

I want to encourage you that the Lord knows you heart, and knows your needs. Our timing may not always be God's timing, but know that God has you where you are for a reason. Continue to seek God above all else, and He will provide exactly what you need in His timing, for His ways are higher than our ways. God doesn't want us worrying about tomorrow, or what's to come because it's all in His hands. He does however want us to make the most of where we are right now, with all He has given us.

Take each day as it comes, one step at a time, and know that God is sovereign and will get you exactly where you need to be, when you need to be there. How are you making the most of your life, or current situation today? Make each day count! ^(c)

"Seek first the Kingdom of God above all else, and live righteously, and He will give you everything you need. So don't worry about tomorrow, for tomorrow will bring its own worries, today's trouble is enough for today."

- Matthew 6:33-34

"For everything there is a season, a time for activity under heaven."

- Ecclesiastes 3:1

"For just as you cannot understand the path of the wind, or a tiny baby growing in its mother's womb, so you cannot understand the activity of God who does all things."

Ecclesiastes 11:5

#3: Take Me Back Devotional

Take Me Back is a song that came from a tune I woke up singing one morning, a day after New Year's. I really believe the music and lyrics came from the Lord, and it seemed to be a fresh start. It was truly a message for me going into the New Year, as I was about to record my first EP *Take Flight*.

This song came to me on the first day of the recording process, and within an hour or so, the words, and melody flowed together and the song was born. It had been a bit of a crazy past year for me filled with many ups and downs, but ultimately it had been a bit of a rough season. Sometimes in life things can get pretty tough, and when things get tough, and worries plague us, things can also get loud often drowning out the voice of Truth.

Take Me Back is a song that brings us back to that quiet secret place with God, that shuts out all those other worries, all those anxious anticipations, and all those things that seem to be weighing you down. As I was writing the lyrics to this song I thought about the Garden of Eden before sin entered the world, and how free, and peaceful things must have been as Adam and Eve walked and talked with God unashamed. Thanks to our salvation in Jesus Christ we too have that opportunity to be free in Him today, and He is there waiting, and willing to spend those intimate moments with us.

This song is a reminder to get back to the Garden, with a childlike faith, knowing that we have been made righteous by His grace, through Him. Therefore, we don't need to carry the worries of yesterday, or today or the shame of our past mistakes. Know that He loves you just the way you are. Will you walk with Him in the garden today? ⁽²⁾

"God saved you by grace when you believed. And you can't take credit for this, it is a gift from God. Salvation is not a reward for the good things we have done, so none of us can boast about it. For we are God's masterpiece. He has created us anew in Christ Jesus so we can do the good things he planned for us long ago."

- Ephesians 2:8-10

"Then the Lord God formed the man from the dust of the ground. He breathed the breath of life, into the man's nostrils, and the man became a living person."

- Genesis 2:7

"So anyone who becomes as humble as this little child, is the greatest in the Kingdom of Heaven."

Matthew 18:4

#4: Lullaby Devotional

I wrote this song during a very heartbreaking time in my life. I had lost my Nonna, who was more like a mother to me, and helped raise me. The thought of her being gone broke my heart into a million pieces.

When I was little there were nights when I had a hard time falling asleep because sometimes I would feel anxious, restless or afraid of the dark. She would always put me to sleep, and sing me Italian lullaby's because she loved to sing. She wouldn't leave my side till she knew I was sound asleep. I like to think I took after her in my love for singing!

In the same way my Nonna would stay by my side till I fell asleep, God never left me either. I remember crying myself to sleep on the night she passed, and felt God telling me that He was here with me comforting now, and holding me close. I was still sad, but knowing that God was with me, and understood my pain, gave me a peace that surpassed all understanding. I also knew that my Nonna, and my memories of her would live on in my heart forever.

God knows your heart, and he knows your needs. He knows your joys, your sorrows, your laughter your pain. He takes delight in you, and sings over you just like my Nonna would sing to me. Whatever you are going through, give it to Him, and let Him comfort you today. ⁽²⁾

"He heals the broken-hearted, and bandages their wounds."

- Psalm 147:3

"For the Lord our God is living among you. He is a mighty Saviour. He will take delight in you with gladness. With his LOVE he will calm all your fears. He will rejoice over you with singing."

- Zephaniah 3:17

"All Praise God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all our troubles, so that we can comfort others."

2 Corinthians 1:3-4

#5: All I Need Devotional

One day I was sitting in my room asking God to send me a song that would truly make a difference through Him. I asked Him for a song that would bring healing to the broken hearted, and the hurting, and speak to those who were searching. I asked Him for a song that people could find peace in during difficult times, and one that would break chains that need to be broken. Then Psalm 23 came to mind, and it was a Psalm that had been speaking to me a lot. After reading it, the music and lyrics came together, and before I knew it, the song I had been praying for was written! ⁽ⁱ⁾.

When we go through difficult times *All I Need* is a song that reminds us that even through the dark the Lord is there, leading and lighting up the way. Even when your heart feels like it could break into a million pieces, or you can't go on, He gives us the strength to go on. Where we are weak He is made strong, and though you may stumble He will never let you fall.

Along with the strength God gives us to carry on, He also gives us an indescribable peace that surpasses all understanding as well. Through His everlasting and steadfast love, we can find peace that has the ability to cast out all our fears. David says in Psalm 23, "The Lord is my Shepherd, I have all that I need."

If there is any burden you seem to be carrying I want to encourage you to give it to the Lord, and find peace in Him. Trust Him to be your Strength, your Hope, and your Comforter today.

"The Lord is my Shepherd, I have all that I need. He lets me rest in green meadows, he leads me beside peaceful streams. He guides me along right paths, bringing honor to His name. Even when I walk through the darkest valley, I will not be afraid. For You are close beside me. Your rod and Your staff protect, and comfort me."

Psalm 23: 1-4

"Don't worry about anything, instead pray about everything. Tell God what you need, and thank Him for all He has done. Then you will experience Gods peace which exceeds anything we can understand. His peace will guard your hearts and mind as you live in Christ Jesus."

- Philippians 4: 6-7

#6: Little Bird Fly Devotional

Sometimes the unknown can be a little scary, especially when you have no idea what's to come, or how you'll even get there. Questions can begin to fill your minds, and you may find yourself asking God for more details to ease the uncertainty, because you can't seem to see all that lies ahead.

You may not have all the answers, but one thing you can be sure of is God calls us to live by faith, not by sight. It's all part of a journey, and through faith He draws you closer to Him, as you depend on Him to lead you onward. God continuously calls you to take the leap of faith, and trust in Him.

There are moments when taking the leap and "flying" may seem quite intimidating, especially when it's a long way down, but there's good news! You don't have to take the leap alone ⁽²⁾. God is there waiting and ready to catch you, and with Him you'll soar high on wings like eagles. Even though you don't see or know all there is to come, God does, and he will lead you every step of the way. You just need to trust Him, and He will give you the strength, courage and wisdom that you need to fly with Him and move forward. Love Him with all your heart and be ready to obey God immediately through your passion for Him, and your passion that drives you to live out His good, and amazing plans He has for your life!

Are you ready to fly? Say yes to all He wants to do in your life. Trust Him, and don't be afraid. Get ready to take flight!

"But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not grow faint."

Isaiah 40:31

"Don't be afraid for I am with you. Don't be discouraged for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand."

Isaiah 41:10